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**Citizens Advice
Manchester**



Citizensadvicemcr

Free, confidential advice. Whoever you are.

We help people overcome their problems and campaign on big issues when their voices need to be heard.

We value diversity, champion equality, and challenge discrimination and harassment. We're here for everyone.

Whoever You Are
Whatever Your Problem
We Are Here To Help



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Want cheaper energy bills?

Its easier than you think!

Our Top Energy Saving Tips!

**citizens
advice**

Manchester

We Can Help You...

Using energy saving light bulbs can save you **£100** over the lifetime of the bulb.

Do one less load of laundry each week and save **£5** a year on energy, and up to **£8** on metered water bills.

Just switching off lights when you leave the room could save upwards of **£50** a year.

Washing at **30°C** can use around **40%** less electricity. Always try to wash a full load and when you can, use an economy programme.

You can save around **£30** a year just by remembering to turn your appliances off standby mode.

Use a bowl to wash up rather than running the tap and save **£25** a year.

Spending one minute less in the shower each day will save up to **£7** off your energy bills each year, per person. With a water meter this could save a further **£12** off annual water and sewerage bills. If everyone in a four person family did this it would lead to a total saving of **£80** a year.

If the average household replaced all of their bulbs with LEDs, it would cost about **£100** and save about **£35** a year on bills.

Blocking draughts around letter boxes, keyholes, windows, chimneys and floorboards could lead to savings of **£25 - £50** a year.

Upgrading to an energy efficient fridge/freezer could save around **£23** per year.

Each TV or computer left on standby is estimated to cost you 2p per hour.

Energy Saving Tips!

A new gas boiler is about **25%** more efficient than a 20 year old boiler – you could save up to **£270** a year on bills by replacing it.

Turning your thermostat down one degree can save nearly **£100** per year.

Turn your lights off when you're not using them. If you switch a light off for just a few seconds, you will save more energy than it takes for the light to start up again, regardless of the type of light. This will save you around **£14** on your annual energy bills.

Cavity wall insulation could save **£150** on heating bills per year.

